

North and Mid Hampshire Safe Haven



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Providing out of hours help and support in a safe and confidential space to adults, including carers, who are experiencing a mental health crisis or emotional distress.

It's important that we are prepared for your arrival so please call ahead before making your visit.

Telephone number: 0300 303 5772

Opening hours: Evenings, including weekends and bank holidays, 365 days a year between 18:00hrs - 22:00hrs

Address: 3 Vyne Road, Basingstoke, RG21 5NL

